



651-644-4572
dams@usfamily.net

Dental Truth

Published August 2022
© 2022

Fluoride is not just harmful in drinking water Now it is found that fluoride toothpastes are all harmful to health



Nathan Bryan PhD

The nitrogen cycle in the body involves conversion in the mouth of nitrates from healthy foods into nitrites, which are then swallowed into the stomach where they should be converted into nitric oxide, an important signaling molecule that is needed for cardiovascular health and circulation.

Nathan Bryan, PhD, a top researcher on the nitrogen cycle and nitric oxide, has found that use of fluoride toothpaste kills off friendly bacteria that live in the crypts (little cracks) in the tongue and that convert the nitrate from food into nitrites. Because the fluoride is too harsh, too toxic, it kills the bacteria we need in the mouth for a crucial step in the nitrogen cycle. This harms health in a fundamental way.

Even as the case against water fluoridation becomes more and more compelling, fluoride pushers keep pushing: they want to fluoridate all of the United Kingdom and all of New Zealand.

Sadly, in a referendum on returning to water fluoridation in Calgary, Alberta, Canada, 62% of the people voted to resume water fluoridation. The city's newspaper had been biased pro-fluoride, and the dental "experts" had pitched a return to water fluoridation.

In a federal district court in the US, Judge Edward Chen may finally rule soon on lawsuit of Fluoride Action Network vs the EPA. Judge Chen has been waiting for a new report from the National Toxicology Program on the pros and cons of water fluoridation, to help him decide on the science arguments.

Kerr, the largest manufacturer of mercury amalgam in the US has announced that it has stopped making amalgam fillings!

How does an amalgam manufacturer announce that it has stopped making a product that it has poisoned people with for over a century? The answer for Kerr was: very quietly. Actually, there was no

announcement at all. In this issue, we discuss what the meaning of this change is for the future use of mercury amalgams in the United States. Does it signify the beginning of the end for amalgam use in the US?

The spike protein is easier to get than it is to get rid of! Some frontline doctors have a simple, new protocol for doing it by shifting our cells back into autophagy



Dr Paul Marik

Be it long covid or spikes lingering from the covid shots or simply spike protein as debris from another person who's gotten the covid shot, the pesky, toxic spike protein can infest the cell and must be gotten rid of. But how? The spike protein cleverly

tends to derail autophagy, the very process that would devour and destroy those invading spike proteins. Dr Paul Marik has a clear and amazing protocol for restoring autophagy thus allowing the cell to gobble up the spike proteins and other undesirable

debris. The three ways are: time restricted eating, and the supplements resveratrol and spermidine. Autophagy can also increase energy, mental acuity and provide anti-aging benefits. More on autophagy and how to achieve it inside.

DAMS, Dental Amalgam

Mercury Solutions
1041 Grand Ave, #317
St Paul MN 55105 USA
651-644-4572

dams@usfamily.net

DAMS Inc. is a 501©(3) tax-exempt, non-profit group that educates the public on the dental - health connection. Contributions to DAMS are tax-deductible.

DAMS information packets are available via mail or e-mail upon request. They contain an information guide on dental - health issues and describe the many resources that are available through DAMS. Packets include a list of practitioners, mostly dentists, in your state or province. Indicate your special issues or concerns. The packets are free, but donations are welcome. An envelope for sending a donation or a memberships will be provided with your packet.

Additional copies of the newsletter are likely available. Call to arrange being send some. You may also **request at <dams@usfamily.net> to be e-mailed the newsletter or news up-dates.**

The DAMS newsletter provides a forum for expressing a broad range of ideas and viewpoints, for general educational purposes.

DAMS does not operate dental or medical clinics or provide dental or medical advice. For dental or medical advice, consult a knowledgeable practitioner. For legal advice consult a knowledgeable attorney.

DAMS does not support, endorse, or oppose political candidates or parties. But DAMS encourages active participation in the political process.

In This Issue

	Page
DAMS tells why it will speak out about covid and freedom	2
Fluoride toothpastes harm overall health	3
Fluoridation pushers want to fluoridate all of the UK and New Zealand	4
America's largest amalgam maker has stopped making amalgams	5
Will an ultrasonic device challenge the cone scan?	6
An EMF safety specialist tells how to make an EMF healthy home	7
G6PD defect discovered ... my lucky find! By Anita Karimian, PhD	8
Autophagy is the only way for cells to get rid of spike proteins, how to do it	9
Our fact checked, uncensored look at covid and covid shots	11
Dr. Carrie Madej survives small plane crash	16
The Real Truth about Anthony Fauci, by Robert F Kennedy, Jr, reviewed	18
Obits-Hans Schwartz, Sandy Haley, John Moore, Jim Turner, Karen Palmer	21
Books and DVDs for sale by DAMS	22
DAMS coordinators in USA and world wide DAMS contacts	23
Obit and story: frontline doctor Vladimir (Zev) Zelenko has died	24

Why DAMS intends to tell the truth about covid

Year 2021 was a year with a punch: covid shots that produced far more vaccine injury and deaths than all the previous vaccines combined over that previous 30 years. A torrent of media and government propaganda was unrelenting. Those who dared to challenge the official narratives were demonized. Vaccines mandates that seemed designed to crush the rights of natural health advocates. DAMS urged all people to stand fast against the bullying, propaganda and the pressures of the mandates. "Do not comply" we said and take a stand for freedom. We were flooded with news stories and after a while we had enough for three newsletters. We finally boiled it down to one, the issue you have here, called 2022 (August 2022). There was no 2021 issue.

But in 2021 we started sending news out more often, to a growing list of emails. We are taking that avenue of communication more seriously. If you want to be added to the DAMS e-list please write to us at dams@usfamily.net. Give your name and let us know if you are in Canada

or elsewhere outside of the US.

However, we are still committed to printing DAMS newsletters and bulk mailing them to the 2500 people on our member database.

A woman called last year and left a message as to why she is leaving us. "Stay in your lane," she said, and stay out of covid and covid related issues. Well, we do not intend to do that and here's why. Our work have always been to research the truth and then tell the truth. With covid, as there is with all of our other issues, there is scientific fraud, coverups and corruption in government. We are not going to rescue people from the dental toxins just to stand by and watch them be harmed by covid shots. We are not going to stand aside while our basic freedom and liberties are crushed by the powerful hypocrites with their hidden agendas. We will tell the truth and join hands with others to expose that hypocrisy for what it is. ■

How fluoride toothpastes harm overall health

By Leo Cashman

New scientific data reveals that fluoride toothpastes disrupt the microbiome living in the mouth and, as a result, derail the needed production of important nitric oxide in the stomach. Friendly bacteria that should be living in the crypts (little crevices) in the tongue get wiped out by fluoride in toothpastes, chlorhexidine mouth rinses, and antiseptic mouthwashes containing alcohol. As a result the bacteria cannot perform their crucial job of converting nitrate, found in green leafy vegetables and some other vegetables and fruits, into nitrite, which is then normally swallowed with saliva and food and gets converted into the all-important nitric oxide molecule.

The lowering of nitric oxide production in the stomach tends to produce a lack of nitric oxide in many parts of the body, leaving some people trapped in a vicious cycle of high blood pressure, diabetes, impaired blood flow to the heart, kidneys and other vital organs. "Nitric oxide is one of the most important molecules in the human body," a leading researcher, Nathan S. Bryan, PhD, (right) declares. "It controls and regulates most cellular functions." Bryan, a leading nitric oxide researcher, says "loss of nitric oxide is the earliest event in the onset and progression of most, if not all, chronic diseases." In his 2018 book *Functional Nitric Oxide Nutrition*, Nathan Bryan explains how widespread the deficiency becomes as people age. As we age from our 20s into our 60s, we typically lose about 85% of our ability to make nitric oxide. Fortunately, there are things we can do to return to normal blood pressure, good circulation and proper nitric oxide signaling throughout the body. These things are of intense interest to researchers around the world; in fact there are over 180,000 published scientific papers on

nitric oxide and how the nitrogen cycle normally produces it.

Nitric oxide has a fleeting presence in many parts of the body where it typically has a half-life of less than a second. But a key nutrient that gives us our supply is nitrate, which is found in beets, kale, arugula and many other vegetables and fruits. Its usefulness depends on a person's ability to convert it into nitrite, which is then converted in a properly acidic stomach to the nitric oxide. There the nitric oxide helps assure healthy stomach function and it moves into the blood stream where it dilates blood vessels, reduces platelet stickiness, and helps the immune system fight off pathogens. It helps in the proper blood supply to and operation of every major organ, including the heart, the kidneys and the liver.

Sadly, if the beneficial bacteria have been killed off by the oral hygiene mistakes such as alcohol based mouthwashes or fluoride toothpastes - the most common mistakes- the patient may stay mired in one or more of the very common chronic health problems



such as high blood pressure, erectile dysfunction, atherosclerosis and heart disease, diabetes, kidney problems and dementia. In addition to avoiding fluoride toothpastes and alcohol based mouthwashes, the long term use of **antibiotics** can easily wipe out the bacteria needed

in the mouth. This is not too surprising because it is known that antibiotics kill beneficial bacteria in many parts of the body. Long term use of **antacids** and "proton pump inhibitors (PPIs)" also raise havoc with the nitrogen cycle because, with their long term use, the stomach lacks the proper acidity that is needed to convert the nitrite compounds into nitric oxide, leading to a loss of nitric oxide signaling that is a key to our natural health.

To sum up, we should eating healthy vegetables, getting moderate exercise and sunlight, and avoid fluoride toothpastes, alcohol based mouthwashes, and antacids or proton pump inhibitors.

Relevance to preventing covid infections and other infections

There may even be a payoff in preventing such infections as covid. Researcher Elizabeth Shirley, RPh, CCN, writing in a recent issue of the *Townsend Letter*, weighs in on that, saying . "Nitric oxide is toxic to viruses, bacteria, fungi, and other pathogens," she says. "Nitric oxide may inhibit an early stage in viral replication and prevent viral spread, and promote viral clearance and recovery."

Will FDA ban them now?

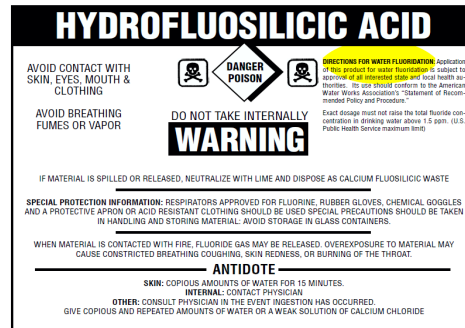
Should we send a suggestion to the Food and Drug Administration (FDA) asking that they issue a strong warning against use of fluoride toothpastes, starting or ban them entirely. Such simple, obvious steps might not be easily embraced by the FDA as they seem to want to please private industry groups rather than to truly protect the public health. FDA has over 600 FDA-approved drugs, some with fluorine in them, that have "black box" warnings on them that are so serious that it means they should really have been banned rather than approved. ■

Published science shows that it is absurd to fluoridate drinking water, but fluoridation pushers want to fluoridate all of the UK and New Zealand

By Leo Cashman

The science about water fluoridation is clear and compelling: there are no benefits to adding this poison to the drinking water and there are many studies that it causes serious harm. But fluoridation pushers in the US, New Zealand and the United Kingdom want to expand it. In New Zealand and in the UK, new laws would mandate fluoridation for those entire countries.

The US, which is heavily fluoridated already at 73% of the population, is not an example that they should want to follow. One reason is that a shocking 65% of adolescents in the US have some degree of dental fluorosis, which is damage to the enamel and dentin caused by fluoride poisoning. The issue goes deeper than it might seem because when dental fluorosis occurs that is a marker for systemic (body-wide) fluoride damage to that adolescent, with fluoride adversely affecting bones, connective tissue, the thyroid and the brain. Hypothyroidism is rampant in the US and that also should be enough to bring fluoridation to a complete halt. Adding to that the evidence of child brain damage: fluoride is neurotoxic to a child's brains and nervous system and, in a country that already has too much mental illness, ADHD (which fluoridation increases) and learning difficulties, the shocking effects of fluoride on children's brains has come to the fore. The science on fluoride as a neurotoxin is so strong that the evidence for that formed the bulwark of the science brought forth in a lawsuit by FAN (Fluoride Action Network) against the Environmental Protection Agency (EPA) to try to get EPA to ban or strongly curb water fluoridation in the US. FAN may yet prevail in the lawsuit yet, and we are hopeful it will, but Judge Edward Chen has delayed



reaching a verdict because he is awaiting release of a report on fluoride by the National Toxicology Program. That NTP report is now expected by fall, so we may finally get a verdict then.

In the US, the big governmental promoter of fluoride, the CDC, avidly ignores all the science and has a scheme for expanding water fluoridation to reach 19 million more people, getting the percentage of fluoride drinkers up to 77%. The hare-brained scheme might be described as a "poison pill" as it is made from the deadly fluorosilicic acid, which would be dropped into smaller drinking water system. The CDC, sure enough, has funded the development of new technology which it expects will pave the way for fluoridating the smaller water systems found in small towns and rural areas.

In the UK and in New Zealand, the brazen push to pass laws to fluoridate the entire country might be described as fluoride groupthink riding on the back of widespread covid groupthink, under which millions of people were conditioned to follow whatever the public health "experts" told them to do. In the UK, it was prime minister Boris Johnson who oversaw the addition of language

to a Health Care Act so as to give the health secretary the unilateral power to force all communities to add fluoride to the public water supplies.

Similarly, last year New Zealand year enacted legislation that gave centralized authority to fluoridate to the director-general of health. There is considerable push-back and resistance from mayors of the cities and the towns, so the move to fluoridate New Zealand may still be reversed. Some of their scientists, doctors and mayors are pointing out that it is absurd to require communities to add something to the drinking water that will make their children less capable and less intelligent.

Calgary, Alberta, has voted to resume water fluoridation

In a hard fought battle over what the scientific facts really are, the citizens of Calgary voted on Oct 18th, 2021, to resume water fluoridation by an overwhelming 62% voting in favor of fluoridation. The city's main newspaper, the Calgary Herald had shown a strong pro-fluoride bias and perhaps even some malice when, the day before the vote, it neglected to run a "vote no" ad by the SafeWaterCalgary even though it had already been paid for. In a city council meeting held in the following month, the city council voted 13 to 2 to resume water fluoridation.



America's largest amalgam maker has stopped making mercury amalgams

By Leo Cashman

In March of 2022 it was revealed that **Kerr**, America's largest maker of mercury amalgam fillings, had stopped making amalgam about half a year earlier. The announcement came not from Kerr itself or the media but, rather, from Charlie Brown, an attorney who for years had been part of an international movement to bring about an end to the use of amalgam fillings. Clearly Kerr was aiming to avoid attracting attention to its record as America's largest maker of a dental filling that is half mercury for over a century.

Kerr's halt of its manufacture of amalgams comes on the heels of a similar halt by **Dentsply Sirona**, which quietly stopped making amalgam in December 2020; it followed FDA's somewhat muddled public statement made in September 2020. In that statement, FDA said that amalgam fillings are not safe for use in about 60% of the US population, namely pregnant women, children, people with neurological disorders, but that getting the amalgams removed is unwise because amalgam removal cannot be done safely. The statement was a partly truthful understatement - amalgams are not safe for anybody - and it was quite misleading on the issue of safe amalgam removal because it ignored the entire community of "biological dentists" who do have the elaborate training and equipment needed to replace amalgams safely. It seems that the FDA continues to be an unreliable source of information on any topic.

Regardless of the motivation for the stoppage of amalgam manufacture by Kerr and by Dentsply, these changes add some momentum to the goal of ending the use of amalgams everywhere. For both Kerr and Dentsply the largest market globally is the European market and Europe is moving toward ending all use of amalgam. Slovakia,

the Czech Republic, Finland and Ireland are following the lead of Sweden, Norway and Denmark, all of whom banned amalgams back in 2009. The European Union has now halted the use of amalgam in children and the EU is moving toward a complete ban on amalgams in coming years. Several Asian countries are also banning amalgams and Africa's most populous country, Nigeria, is curbing their use.



Kerr and Dentsply amalgam halts raise the question of what remains for the supply of amalgams in America. Will American dentists face a shortage causing a drop in amalgam usage? Our investigation shows that that does not appear to be happening. In America the two largest dental distributors are Patterson Dental and Henry Schein, Inc. They are both still selling their amalgam products on their web sites as usual; oddly, they still list the amalgam products from Kerr and Dentsply, as if they are for sale, but if you click on the product for a price, you are told that it is no longer available. There are sizable companies still making amalgams, including Ivoclar Vivadent which offers Valiant, a "palladium enriched" amalgam, which is an amalgam product that also contains palladium, another extremely toxic metal. Henry Schein itself has an "in-house" amalgam product, so it seems to be committed to keeping amalgam usage going.

Henry Schein's role in US amalgam saga It was a Henry Schein board member, Dr Margaret Ham-

burg, MD, that President Barack Obama appointed to as FDA Commissioner in early 2009. Dr. Hamburg had a glaring conflict of interest, since Henry Schein was a major distributor of medical and dental products and is America's largest distributor of amalgam fillings. Obama signaled "business as usual" in his appointment of Hamburg. She had been paid millions for serving on the board of Henry Schein in the previous few years. In the course of 2009, Dr Hamburg attended FDA meetings where she shaped the **amalgam rule** that FDA adopted later in the year; she did not recuse herself from that rule-making process. In adopting its rule, FDA whitewashed all health and safety concerns about mercury amalgams, had no warnings about the use in children, pregnant women or other vulnerable populations, and the rule didn't even say that dentists should warn their patients that there is mercury in amalgam filling! FDA's 2009 amalgam rule, which still stands unchanged, was as pro-amalgam as if it had been written by the ADA and the amalgam manufacturers. Dr. Hamburg still stands as a villain in the amalgam saga, but so does Barack Obama, the president who appointed her.

In 2015 Dr. Hamburg resigned as FDA Commissioner and Obama's next appointee to head the FDA was Dr Robert Califf, MD. It was business as usual, as Califf had financial ties to Astra Zeneca, Eli Lilly (which makes the deadly mercury thimerosal), Johnson and Johnson, Sanofi and many other drug and medical device companies.

President Joe Biden has echoes of the same corruption in the current administration. Biden waited a long time to appoint a new FDA head, looking for the "perfect" choice, and he finally came up with Dr. Robert Califf, Obama's old appointee. The conflicts

Kerr stops making mercury amalgams

continued from page 7



Dr Robert Califf, Biden's pick as FDA Commissioner

of interest and connections today for Califf even more amazing. In recent years Dr Robert Califf has been head of medical strategy and Senior Advisor at Alphabet, Inc, which is the Google high tech and medical conglomerate. President Biden must be eager to please big tech as well as big pharma. ■

Mercury detox chelator, NBMI, still not approved by FDA

Boyd Haley's mercury chelator, which goes by the scientific name NBMI, has still not received FDA approval, despite it having been reviewed by FDA for 12 years and has shown excellent safety and efficacy. The emerging view is that, clearly, FDA is dragging its feet!

NBMI is not the only way to go about mercury detoxification but if you want to use a chelator, NBMI is clearly more effective for mercury than any of the others and it is very safe.

For more information and any updates, see the manufacturer's web site, EmeraMed.com. Note that if a party claims to have a supply of the product for sale, be sure that it is genuine, as there are said to be knock-off products made in China. ■

Will an ultrasonic device challenge the cone beam for assessment of patients for jawbone cavitations?

By Leo Cashman

A German dentist suggests that an ultrasonic device called the CaviTAU®, may provide a better assessment of jawbone cavitations than the cone beam has been providing. Dr. Johann (Hans) Lechner, DMD, (right) of Munich, Germany, shares his years of clinical experience and research in a new book on assessment and treatment of bone marrow cavitations. It features an in depth discussion of the scientific research and clinical pearls and appears to describe the CaviTAU®, which he helped invent, as being superior device for assessing dental patients for jawbone cavitations and bone marrow defects.

During the past couple of decades, the cone beam, which is a dental adaptation of the CAT scan that is used in medicine, has become the usual assessment tool for evaluating a patient for possible cavitations. It has become a part of mainstream dentistry as well as biological dentistry, taking the practitioner one step beyond the 2-dimensional scan of a Panorex x-ray. However, with its wealth of x-ray pictures, over a hundred of them, taken at different angles and different depths into the face, it has presented a challenge for interpretation, leaving the challenge of deciding what they mean and whether surgery is required to address a serious issue.

Developed in Germany, the CaviTAU® is not yet FDA approved for use in the USA but, upon approval, Lechner believes it will provide some advantages. He points out that the CaviTAU® is free of x-ray radiation, that its performance has been validated by scientific papers, and that it has been used



clinically in Europe for more than 100,000 scans.

Health implications of having jawbone cavitations

Lechner's previously published research has shown that patients with Fatty Degenerative Osteonecrosis of the Jawbone (FDOJ) have elevated levels of a cellular messenger called RANTES or else CCL/5 and that finding is significant because those elevated levels of RANTES are known to be able to produce auto immune disorders, neurological diseases, cancer and heart disease. The most common causes of FDOJ are widely found, with principal ones being toxic, infected root canal treated teeth, other dead teeth and improperly extracted teeth. Trauma such as from a car accident or a sports injury can also seriously harm the jawbone. The assessment for FDOJ and its treatment thus become a much sought after service offered by only some of the biological dentists.

The book *Cavitation Osteonecrosis in Jawbone, a guide to jawbone detox*, by Dr. Johann Lechner and Dr. Miguel Stanley, is 398 pages long and has 670 scientific references. It is available in English and costs 68 Euros. ■

EMF safety specialist McAfee tells how to make an EMF healthy home

By Leo Cashman

Andrew McAfee (right) brings a unique, holistic consciousness to his research on home electricity and wiring. Motivated by an escalating electrical sensitivity that appeared after moving into a new home back in 2001, McAfee soon discovered that the new home was fraught with unhealthy EMFs.



With both his wife and he suffering from severe adverse health effects, he sought out professional help in eliminating bad wiring from the home; over time, McAfee gained specialized knowledge of the electrical grid hazards that may so easily flow into homes from the outside environment. Problems are also created by wiring errors and bad practices inside the home. After two decades of study and research, McAfee has emerged as a teacher, writer, consultant, and inventor. Here are some issues he discusses.

* Grounding

Grounding your body to the ground conductor in your home electrical outlet is very often a mistake and can make symptoms worse. The grounding wire on a yoga mat, a Faraday tent or grounding mat, connects a person's body to a grounding conductor that very likely carries stray voltages and currents that are not safe or healthy. The possible causes of that are many: one of them is that often the neutral wire, one of the main conductors of electrical current, is connected to the grounding conductor in several different places and this will create excessive currents in many places in the house. McAfee generally advises against connecting oneself to the ground terminal in an electrical outlet.

*** Water pipes, contact current**
Since water pipes typically carry unhealthy voltages and currents, merely touching kitchen or bathroom faucets can deliver currents, called "contact currents," that can raise havoc

with your health. Wet hands and wet bodies are more conductive of electricity than dry ones are and so allow much stronger, more dangerous currents to flow. It is contact currents that cause childhood leukemia and that cause many other health problems in people of all ages, he says. In order to really protect health, contact currents should not exceed one microamp and that is a very stringent standard that is very often exceeded.

Coaxial cable bringing in internet

A tangible, physical connection, such as that provided by coaxial cable, possesses some advantage in that the microwave radiation stays inside the cable (until, of course, the radiation gets blasted out through a Wi-Fi modem). But the outer conductor often brings in low frequency currents and voltages from the environment outside the homes and this contributes to the undesirable contact currents inside the home and the problem of the home having an unsafe, electrically polluted grounding conductor.

*** Wiring errors & dirty electricity**
Fixing wiring errors will allow the reduction of electric and magnetic fields and so will, by itself, reduce dirty electricity (DE) in a home. Fixing the wiring errors should be a

first step in addressing dirty electricity concerns. McAfee goes so far as to say "Do not install DE filters until your wiring has been fixed or that DE energy will propagate out into the room inside those fields."

* Detailed coaching to professionals.

In his most recent book, *EMF Tracing 102*, McAfee coaches tech savvy readers, such as electricians, on how to check the entire electrical line, starting with the power source, electric utility meter, main panel, subpanels, and finally the electricity-consuming lamps and appliances. Problems can often be found in any of these segments. The home owner or renter will get some idea of what the electrician needs to do to discover and fix the problems.

* Wireless radiation is a menace to watch out for

McAfee takes aim at the wireless radiation that is so widely present in our society, saying that "wireless radiation is an insidious destroyer of our health. [You should] hardwire everything and turn off the Wi-Fi router [replace Wi-Fi with a wired connection]. By doing so, you will also get the added benefit of increased speed, security and consistency." People addicted to their smart phones or other wireless devices should break their addiction he says. Cordless phones are also bad and must be discarded.

* McAfee's inventions

His first invention, called the Noxious Current Blocking device ("NCB"), is a device that is plugged into an electrical outlet that is to be used for its grounding conductor. The NCB device is first plugged in to the electrical outlet and then you insert your grounding cable's plug

Andrew McAfee, EMFs

continued from page 7

into the NCB outlet. This will make the grounding of your grounding mat safe to do. To address the grounding problems of an entire home, another McAfee invention, the NCB Pro can be purchased; it is somewhat more expensive, and its installation requires a knowledgeable electrician. Both devices are sold through a company called Shield Your Body, which has a web site www.shieldyourbody.com.

Andrew McAfee's web site is www.homeEMFtracing.com. It has more about his views, books, writings, and inventions. ■

Other EMF resources:

Zero5G.com Maintained by activist Jolie Diane, it has information on stopping 5G and on the broader EMF issues.

AmericansForResponsibleTech.org

Basic education, science, how to take action, even suggested municipal codes for curbing 5G

Scientists4WiredTech.com**StopSmartMeters.org**

Best resource on smart meters, how to stop them, how to minimize the harm they do

EMFanalysis.com Jeromy Johnson shares advice on best test meters to use, how to set up a safe internet connection and more

Retailers that sell test meters, shielding clothing and more:

SafeLivingTechnologies.com
888-814-2425

LessEMF.com
518-608-6479

G6PD defect discovered ... my lucky find!

By Anita Karimian, PhD

At the tender age of 80 I found on my 23 and Me genetics test interpretation that I have a genetic defect called G6PDD, which is short for Glucose-6-Phosphate-Dehydrogenase Deficiency. It is an inborn error of metabolism.....an enzyme deficiency affecting the function of the red blood cells (gotthed.org). It has wide ranging effects on all body operations. It affects 400 million people worldwide, approximately 1 in 15, and both men and women. One can get hemolytic anemia as well as many other condition from triggers such as medications, food and household cleaning products. It is managed by avoiding triggers and learning more about how you react to them as you may or have not have been aware that some things you have been exposed to have created havoc in your body. Not knowing you have this defect is dangerous as you can be suffering many health conditions and illnesses that have the G6PDD as the root cause. As the problems persist they can go on and ruin your life and also impact your children and your loved ones, if they also have the genetic defect. Not widely recognized, especially in the US, it often goes undiagnosed.

An example of a trigger a person with G6PD deficiency is the consumption of fava beans. They can trigger severe symptoms and cause a health crisis. Yet fava bean products are being used in a lot of the plant based foods and are often used as a substitute for gluten in snack foods. For the G6PD deficient person, reading labels is important so that one does not get affected by such

hidden food triggers.

Dentists and other health care practitioners need to be informed whenever the patient has G6PDD, as it may impact the choice of a local anesthetic, for example. Strategies for mercury detox need to take into account the G6PD defect and also other genetic polymorphisms such as the MTHFR polymorphisms, of which several variants are possible. One-size-fits-all health care is never the right thinking because practices and procedures should be tailored to each individual.

Testing for the deficiency is barely done in the US and is spotty world wide. But we can be pleased that there has been a positive move forward. In December 2021, S 4315, a bill in the New York State Senate, was passed and signed into law. It added testing for G6PDD to the panel of tests for all newborn infants. Other states should follow suit and require similar testing. If you would like more information about helping your state country establish a testing requirement, go to the web site g6pddf.org. Dental professionals also may find an excellent summary at the web site: https://www.cdho.org/Advisories/CDHO_Factsheet_G6PD.pdf.

Anita Karimian, PhD, is a medical-dental researcher who was severely affected by mercury poisoning several decades ago. ■

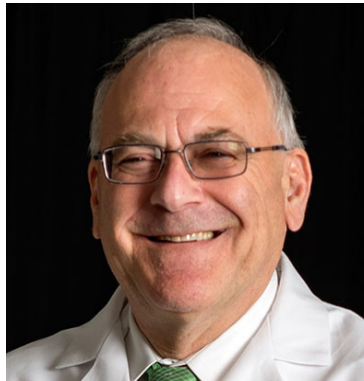
Autophagy is the *only* way for cells to get rid of spike proteins, these frontline doctors say, and they tell how to achieve it

By Leo Cashman

Autophagy is an essential process in every healthy cell. It is how cells break down and get rid of cellular debris such as worn out proteins and also invading bacteria, fungi and viruses. In a sort of cellular recycling, the cell is able to use the broken down pieces to build new, healthy proteins. Some researchers have touted it as a key to fighting off cancer. Autophagy is even seen as a way of slowing down the aging process and preventing the deterioration of the brain, as happens in Alzheimer's disease or Parkinson's disease. Recently frontline doctors Paul Marik (right) and Mobeen Syed have pointed to autophagy as being essential to ridding the cell of the spike protein whether it is there because of "long covid," the adverse effects of covid shots, or the shedding of spike proteins from the vaxxed to the unvaxxed. It is known that spike proteins can linger for at least 18 months and they can probably last indefinitely. While in the cell spike proteins disrupt its normal function and paralyze its process of autophagy which is, ironically, the exact process that is needed to rid the cell of the spike protein. Dr. Paul Marik, MD, emphasizes how important it is to overcome this vicious cycle in the cell, saying "autophagy is the only way to get rid of the spike protein." Dr. Marik and his colleague Mobeen Syed, MD, (right) have recently offered three simple ways to restore autophagy in our cells and thus get rid of the spike proteins. Let us look at those ways one at a time.

First, there is time restricted eating A common lifestyle mistake is simply eating too often, as

occurs with the typical three meals per days, which is not the ideal, plus the usual snacks. The cells lose their natural, innate autophagy when food is being eaten too often. A shift to eating only two meals a day, spaced about five or six hours apart, with no snacking, sets up a situation of "intermittent fasting," also called "time restricted eating," and this alone tends to switch on



autophagy in the cells. The gap between the end of the second meal and the beginning of the first meal of the next day can be regarded as a "fast" as it provides an interval of about 18 hours in which there is no eating. It may take some adjusting to achieve this type of eating pattern, but it has excellent benefits once the adjustment is achieved.



Phagosomes gather up the debris and they must connect up with lysosomes to break it down
A vesicle called a phagosome

proceeds to gather up the bacteria, viruses, fungi, and, yes, spike proteins. But, by itself, the phagosome is just a garbage collector and it has to connect up with another vesicle, lysosome, which is a garbage digester. The lysosome, once fused with the phagosome, pours acids and enzymes onto the debris, breaking it down into small pieces. The pieces of spike protein and other debris are also presented to the surface of the cell so as to show the immune cells what the pieces of the harmful invaders look like so that the immune cells can be prepared to fight them off in the future.

Spermidine promotes autophagy but it is inhibited by the spike protein

A protein called spermidine plays a key role in helping the phagocyte connect up with a lysosome so that the breakdown of the invaders and other debris can occur. However, the spike protein inhibits production of spermidine, thereby preventing it from playing its key role in autophagy.

Beclin, which initiates autophagy, is also reduced by spike proteins

This is another way that the spike protein thwarts autophagy, the very process that needs to destroy the spike proteins inside the cell. Doctors Marik and Syed recommend supplementing with **resveratrol** in order to bring back necessary levels of beclin inside the cell when the cell is prevented from making enough of it on its own. They recommend supplementing with spermidine to overcome the cell's deficiency in that protein. Dr. Marik suggests resveratrol supplementa-

Frontline doctors tell how to achieve autophagy and get rid of spike protein

continued from page 9

tion of 500 mg twice a day. He also recommends spermidine on a daily basis, with dosage as instructed on the bottle. Even without the intermittent fasting, spermidine and resveratrol supplementation will likely allow restoration of autophagy and the destruction of the spike protein and other undesirable debris, including any spike-created prions and misfolded proteins.

For a more detailed discussion of autophagy by Doctors Marik and Syed see the web site <https://covid-19criticalcare.com>.

Ivermectin can be helpful too, although it is not in the new protocol. Ivermectin, which has been a useful part of their frontline doctor protocol for over a year. Well, guess what: ivermectin promotes autophagy! So if some is available, ask your doctor about adding it to your program. Exercise, done in moderation, also promotes autophagy.

Caution about various drugs is advised because some may inhibit autophagy

Dr. Marik specifically warns about antacid drugs and proton-pump inhibitors (PPIs) because they inhibit autophagy. He suggests that patients who are taking PPIs discuss this with their physicians to find better ways to deal with acid reflux.

Intermittent fasting is not right for everyone

There are some groups of patients that Dr. Marik would not suggest intermittent fasting for. For example, those with type 1 diabetes need a differently designed eating plan. Pregnant women also need to eat more than twice a day. Growing children, those under 18, need to eat more often. However, the constant snacking so

prevalent in our society should not be encouraged because it tends to disrupt normal digestive and hormonal patterns and it makes a person "metabolically unfit." A person who "crashes" unless he eats every three hours, has gotten himself in a hormonally disrupted state and should consider getting professional evaluation and coaching.

Other frontline doctors and researchers have protocols that have had clinical success. Here are some:

Dr. Thomas Levy's protocol calls for administration of intravenous vitamin C or, in case that is not feasible, oral megadoses in order to fight off acute covid. IV vitamin C has also useful in some amounts for long covid or for eliminating spike proteins that infest the cells after taking a covid shot or booster.

Dr. Michelle Perro offers help for the un-spiked person who becomes infested with spike proteins transmitted from those who did get the covid shots. Her list of helpful supplements includes NAC, a precursor of glutathione, garlic, ginger, curcumin and pine needle tea. The **World Council of Health** agrees with Dr. Perro's protocol for dealing with shedding, but adds autophagy, as achieved by time restricted eating, to the list.

Dr. Louisa Williams sells activated bamboo charcoal (ABC) for those unjabbed to protect them against spike protein transmission. Her web site, LouisaWilliamsND.com has more about her products.

Stop taking those covid shots or boosters. All of the frontline will tell you this. Why invite those troublesome spike proteins to run amok in

the the body, shutting down autophagy in the first place? The shots carry a huge risk. VAERS, the CDC's weak adverse event reporting system, says that the covid shots are the most dangerous shots ever allowed on the market. Also consider that microscopic analysis has revealed that some the shots often have parasites and have self-assembling graphene oxide. The covid shots greatly increase the risk of death in the next three weeks after getting the shots. So beware, your next covid shot could severely harm or kill you, leaving no chance left for an autophagy rescue. ■

Bernie Windham's web site myflcv.com covers many topics

The web site MYFLCV.com is maintained by the DAMS research director Bernie Windham. It not only has pages on mercury amalgams and root canals, it also has some in-depth discussions on other toxic metals and chemicals, EMF health issues, and vaccine injury issues.

The site now also includes pages discussing the covid virus pandemic, and there is much documentation on the deaths and the serious injuries that have been caused by the covid shots. There is also some review of the protocols that have been offered by the frontline doctors, over time.

Based in Florida, Bernie is a long-time DAMS board member and is the current president of DAMS. ■

An uncensored chronicle of covid and the covid shots

By Leo Cashman

During these covid years the government here has weighed in with unprecedented force, spending billions, guiding the response to the pandemic in every detail, creating upheaval in our society and in our daily lives. It clearly supported a big pharma agenda while suppressing independent voices and the natural health approaches. The battle between big pharma, big media and big health agencies, on the one hand, and natural health practitioners, products and the patients, on the other, continues on. There is at most a pause in the action while we wait for the next melodrama to appear. Can we preserve and protect our health freedoms and our use of natural methods to remain healthy, or must we succumb to a new health authoritarianism that has increasingly been foisted upon us in the last two years? Here are some examples of fraud, deception, mis-management and hidden agendas.

The secret planning for the covid “pandemic” started well before February 2020

Evidence for that is seen in *Event 201*, a pandemic simulation exercise held in New York City in October 2019. They planned for mandating masks, ordering businesses to lockdown and schools to close. The pandemic simulation called for a smooth coordination of government and media messaging (propaganda) and the curtailment of individual freedoms.

The PREP Act enacted in 2005

This 2005 law paved the way for the HHS Secretary to be able to declare that there is a national health emergency; following such a declaration, citizens rights would be curtailed, ordinary courts would lose some of

their jurisdiction, and drug companies and public officials would be shielded from liability for damages caused by any of their pandemic countermeasures. This has all played out in the last few years.

The covid virus was developed in advance over a period of several years at the Wuhan Institute of Virology in a collaboration between Fauci’s NIAID and China’s Military Medicine Institute. It was mainly funded by Dr Anthony Fauci’s secret and illegal funneling of US taxpayer money to the collaborators at the Wuhan Bioweapons lab in Wuhan China where “gain of function” work was done to develop a more dangerous and more contagious corona virus.

We are supposed to believe that covid naturally spread worldwide, indicating a fearful danger. Some view with skepticism that it quickly spread to the US, Europe and many other parts of the world within a few months, causing a supposed global pandemic very early in 2020. In February and March of 2020, COVID-19 captured the rapt attention of American public health officials and in Europe and elsewhere. A new corona virus spread from its supposed origins in Wuhan China to the US, Europe and many other parts of the world. What did the “experts” know about this and what did they want us to do? By March 2020, the government-media information apparatus pounded us with an image of imminent danger so that only authoritarian measures would quell the spread of the virus. Wear face masks, isolate from contact with others, stay home even if you’re healthy, and then “lock-downs” were imposed upon many

businesses. We were treated daily to ever-mounting covid “case counts” and “death counts” that were announced to justify the repressive measures. An economic paralysis of large parts of the economy, a deep economic depression occurred as a result of work stoppage, and wages dried up. Children were kept from their schools even though they were healthy and unaffected. Most of society shifted to remote, on-line operations as direct human contact with friends and family dried up. Public gatherings were not allowed and neither were public church services. This made it hard for people to privately discuss what was happening to us and what was real.

The natural health community viewed FDA, CDC or Fauci’s NIAID with skepticism

Many of us viewed the sudden zealousness by our health agencies with skepticism: is this the next big scam coming at us? These agencies have a terrible track record with regard to protecting our health and they have long been covering up the big issues of mercury, fluoride, vaccine injury, insecticides and toxic exposures of all sorts. They do not do their jobs with honesty and integrity, having been “captured” by the industries that they are supposed to regulate.

The FDA has not been honest enough to protect us from mercury amalgam fillings or from mercury, aluminum or a host of toxic ingredients in vaccine. Our food supply has continued to be heavily contaminated with insecticides and the artificial sweeteners, MSG and other food additives causing many health

Continued on page 12

A chronicle of covid and covid shots

problems.

The CDC has been a promoter and defender of water fluoridation

That has been a fraud and a scam, as we are getting hazardous industrial fluoride wastes diluted into our drinking water based on the fraudulent claim that it helps prevent tooth decay in children. CDC has also been seriously remiss in insuring that vaccines and drugs that go to market are actually safe. CDC is a blatant promoter of many drugs and vaccines that do more harm than good. CDC's corruption seeps down to the state level because every state department of health is heavily funded by the CDC and the CDC sets the agenda and dominates the thinking. State and local health agencies are used to passing the CDC's messages out to the media which then usually treat those state health officials as top experts. During the covid pandemic, governors, especially democratic ones, became authoritarian figures, ordering masking, isolations, lockdowns and other "countermeasures" of no clear value and of questionable legality. The public health establishment muscled its way to unprecedented power and control.

Scientific fraud and corruption was pervasive

We will now look at how those heavy-handed orders lacked scientific basis and were based on scientific fraud. They raised havoc with the economy, added stress into people's lives, and spent money lavishly only to end up harming the public health. The mandates and passports of 2021 and 2022 gave us a new, unprecedented totalitarianism.

The bogus counting of cases

The PCR testing for covid "cases" was subject to manipulation and fraud. As Kary Mullis, the inventor

of PCR technology often said, the PCR test does not give you a quantitative measure of what was supposedly detected, so it cannot tell whether a fragment of some virus that it was testing for was present in an amount that would make a person sick. The number of "positive" cases increases dramatically as the number of amplification cycles increases beyond 35 and, more and more, the "noise" that is generated by the large number of amplification cycles creates an increasingly high count of false positive cases, making the testing process increasingly meaningless and absurd. It was no wonder that most of the people who tested "positive" were not sick at all. They were well and therefore they should not have been counted as "cases," or made to isolate or suffer other consequences of having a covid false positive. The scheme of deliberately overcounting cases was used to build the public's perception that the pandemic was very scary and dangerous and required tough, authoritarian measures as a response.

As for those who actually were sick, there was no effort to stop counting a case as a case once the person had recovered; it was as if the person who was counted as a "case" never got well again and needed to be counted as being a case forever.

CDC also orchestrated the over-counting of covid deaths

CDC's orders to doctors about counting deaths seemed designed to give us an over-count. The CDC ordered that if a person died of cancer, heart disease, or a terrible accident, but had tested positive for covid, or was even presumed to have had covid, then that person's death should be recorded as a covid death. This produced an over-blown and scary covid death count that could then be used to justify the extreme

continued from page 11

government measures that would then follow—masking, lock downs, isolation and, later, covid shots.

The CDC's hospital protocol provided secret payoffs for each protocol item completed

There was a payoff for the testing of any patient who had been admitted to the hospital. There was another payoff for every patient that was deemed to be a covid case. Another payoff would be claimed for each patient put on a ventilator, but not for putting the patient on oxygen, which is what would have been more likely to help the patient. A payoff for each patient put on Remdesivir, despite the fact that Remdesivir is the most toxic and least effective drug used for covid. Finally, a payoff for each covid patient who died. The hospitals who most fervently practiced medicine using the CDC's payoff protocol got media attention for their very scary, high levels of covid deaths, fueling the media's propaganda blitz. Many of the hotspot hospitals for covid deaths were more truly hotspots of CDC protocol-caused deaths and many were Remdesivir deaths.

Early and effective frontline doctor treatments were discouraged

The frontline doctors such as Dr. Pierre Kory (below) knew that early, caring treatment was key to pre-



venting a covid patient from developing into an acute, life threatening health crisis. They knew that simple, available drugs like hydroxychloroquine and ivermectin were helpful along with zinc, quercetin, vitamin C, melatonin, thiamine and other B vitamins. They had their own well developed protocols that worked. Their every effort was to keep their patients out of an acute crisis and from needing to be sent to a hospital, especially hospitals where the CDC “payoff” protocol prevailed. The frontline doctors were often demonized by the media and terminated by their HMOs or hospitals.

Crude lockdown policies caused a great depression in 2020

In most major cities around the country and in many of the blue states, governors ordered business closures of “non-essential” businesses as the media daily reported more and more covid cases and deaths. Unemployment skyrocketed, homelessness spiked, schools and day care centers were shut down and family life was disrupted for many. Children, who appeared to be well and unaffected by covid were ordered to be masked while going anywhere and were forbidden to play outside with their friends. Schooling shifted to remote learning and, while more affluent families could likely adapt, lower income families often did not have the computers and the internet connections to shift over to remote learning. Never in the history of America had so many people been hit by such a government triggered crash. More than 100,000 businesses went bankrupt and one out of three small businesses failed. Those businesses that were allowed to be open were constrained by “social distancing” with customers six feet apart. Dentistry was declared to be non-essential and most dental clinics were shut down for several months.

Masking orders and mandates

made pandemic harm worse

Masking inflicted harm on workers, especially those who were required to wear a mask over an eight hour day. A study done in early 2021 showed that face masks increase daily inhalation of microplastics into the lungs. The microplastics are even found in the deepest part of the lungs. Other studies have shown that masks can collect antibiotic resistant bacteria and can trigger a cluster of symptoms called Mask-Induced Exhaustion Syndrome (MIES) which can include a weakened immune system, carbon dioxide buildup, skin irritation, headaches, difficulty breathing and decreased heart and lung capacity. Further, a study done by Dr. Zacharias Fogen found that in counties in Kansas where there were mask mandates, the covid death rate was 52% higher than in counties that did not mandate masking. Two other studies found similar results, showing higher covid fatalities where mask mandates were imposed.

An intelligence drop in babies

Another result of the zealous masking may be a startling finding from a study of intelligence in 672 children in Rhode Island born before and after the start of the covid pandemic. Children born after the start of the covid pandemic had much lower IQs, with an average IQ of only 78 (sub-normal) a drop of 22 points from the average seen in previous infant cohorts. Masking, stress and separation between infants are caregivers all possible factors. Margareta Griesz-Bresson, MD, PhD, a leading neurologist in Europe, has warned of the severe and permanent harm from oxygen deprivation for children wearing masks and this warning extends, it seems obvious, to a warning of long term harm to the unborn fetus due to a pregnant women’s oxygen deprivation.

The FDA’s approval of the covid

shots by “emergency use authorization” (EUA) was a fraud

There are several ways in which the EUA was wrong. As year 2020 wound down, the FDA granted Emergency Use Authorization (EUA) approval of the Pfizer covid shots based only on skimpy, inadequate and fraudulent studies by the drug maker. There was no long term testing, no testing on pregnant women, and no testing on people with diabetes or other chronic illness. Brook Jackson, one of the testers overseeing testing operations at several sites, was fired after calling attention to serious breaches – there were a dozen incidents of concern - in testing procedures. Not only did Pfizer not care about the shoddy testing practices, the FDA blew off the warning alarms provided by this testing supervisor.

The EUA was wrong because there was no actual emergency

An EUA is supposed to be given only when there is an emergency occurring and with no other treatment options available. But, as we have noted, the frontline doctors had many excellent treatment methods that worked very well. So, in truth, there was no crisis, there was no emergency. The FDA’s declaring that there was an emergency, necessitating an EUA approval, was a fraud.

The covid shot campaign was unwarranted and just served the interests of big pharma and some other dark agendas

It follows from what has been explained above that the entire covid vaccination program was not needed. It would have been better if had never happened and if the billions (or trillions) in money had been spent on the early and effective treatments that were more natural and far safer than the covid shots. We will see this more vividly when we discuss the suffering and deaths caused by the covid shots.

Our uncensored look at covid and covid shots

continued from page 13

Pfizer and Moderna covid shot trials results were presented in a deceptive way and these companies concealed their fraudulent handling of their testing data

In the trial data that Pfizer submitted to the FDA, over 3400 “suspected covid cases” were not included in the Pfizer analysis of the data that was submitted. Pfizer’s marketing claims for benefits of the shot touted a 95% relative risk reduction but failed to tell the public what is more relevant - that the absolute risk reduction was a mere 1%. It is a red flag that Pfizer had wanted to prevent the release of all of the vaccine trial data from to the public for the next 55 years. Fortunately that was over-turned in a court and Pfizer has been ordered to start releasing its trial data now, in batches.

The covid shots have been the most harmful and deadly shots

As 2021 unfolded, the data gathered by the government’s VAERS database revealed a shocking rate of injuries and deaths from the shots. Between December 14, 2020 and October 8, 2021, there were almost 800,000 adverse events and almost 17,000 deaths reported. This alone should have been enough to stop the program. But CDC ignored the danger signal from its own database and, going along with FDA, pressed on for giving the shots to younger and younger age groups. Realize, also, that VAERS database grossly underreports adverse events by a factor of at least one hundred. Yes, the well-known Harvard Pilgrim Health Care study, published in 2011, looked at 1.4 million vaccine doses involving 45 different vaccines, and concluded that “fewer than one percent of vaccine adverse events are reported.” The under-reporting of adverse events today is worse than ever and

here are some reasons why.

1) In most clinics and hospitals the doctors and administrators hold a pro-vaccine bias and don’t want to report covid shot injuries to be reported to VAERS. So VAERS reporting is discouraged and is often ignored. Many health workers do not even know about the VAERS reporting system. 2) It takes a half an hour to make a single VAERS report and the intake software commonly crashes just before the completion of the report. Once the software crashes, the person making the report has to start all over at the beginning. How many times does a person doing the report want to go through that?

So, we should multiply the number of adverse events reported on VAERS by perhaps 100 to get a more real count and that would give us 80 million. The more real death toll would be over a million - a scandal. Let’s compare that with what independent researcher Steve Kirsch came up with for covid shot deaths using five different methods. Every different method gave him a US covid shot death total of about 212,000. That, too, would point to covid shots as a leading cause of deaths in the United States.

Miscarriages soared and live births plummeted

When covid shots were given in the first trimester of a woman’s pregnancy, the miscarriage rate was 83%. But were those miscarriages reported as adverse events? Not likely. But doctors who followed the propaganda and gave the pregnant woman a covid shot in the first trimester are not eager to admit that the shot caused the miscarriage and they will dismiss the very possibility. The expectant parents are also not so likely to consider that the taking of the covid shot was the

cause of the miscarriage.

Frontline doctors Pierre Kory and Paul Marik also disclose that “highly alarming drops in birth rates can be seen around the world beginning nine months after the the rollout of covid shots The drops in live births are statistically significant.

Massive longer term covid shot damage has been predicted and it appears to be happening now

The mRNA shots of Pfizer and Moderna and the adenovirus shots of Johnson and Johnson re-program the patient’s body to make the spike protein, and it shows up in many parts of the body. Not only is it toxic, it is actually *more toxic* than the spike protein found in the covid virus.

In America something like 50 million people were already plagued by auto immune disorders (e.g. rheumatoid arthritis, lupus, MS, Hashimoto’s thyroiditis), mostly due to previous vaccine injury. Now, with the invasion of the spike proteins, the body may see a spike protein in the ovaries, for example, and that may trigger an attack by the immune system on the ovaries, causing infertility. Spike proteins in the thyroid may trigger an attack on the thyroid itself - Hashimoto’s thyroiditis. Immune system attacks may also result in cardiovascular and neurological disorders. Case reports of blood disorders, Guillain-Barre syndrome, SLE (lupus) and Hashimoto’s disease have all been made. Further, the lipid nanoparticles that the mRNA is encased in are able to cause inflammation in the lymph system and the resulting pain and abnormalities may last for far longer than a few days.

Stephanie Seneff, PhD, and other

independent scientists are warning that getting the covid shots is far more dangerous than coming down with the covid infection. A good innate immune can fight off covid, whatever the variant, but covid shots can wreck your immune system and make the person vulnerable to future infections, auto immune disorders, cancer and more.

The feared longer term consequences may already be appearing now as, for example, doctors are reporting a new epidemic of cardiovascular disorders in younger adults that have gotten the covid shots. Myocarditis and pericarditis, both serious heart ailments, have been appearing in young, previously fit soccer players and other athletes who have been dying from sudden cardiac effects while on the playing field. Cancers that had previously been in remission often come roaring back and killing the patient following the covid shots, many observers are saying.

Chris Martenson: Analysis of data suggests that covid shots sharply increase the risk of death from all causes in the 21 day period following the shot

Chris Martensen, PhD, has published data comparing death from all causes for those who have taken the covid shot with those who have been unvaxxed, focusing on data for the month of May 2022. The highest age standardized mortality rate – 2056 per 100,000 - was seen in the people who had received a third shot or booster less than 21 days ago. In contrast the rate the the unvaxxed was only 795 per 100,000. So, the person deciding to get a booster is increasing his total risk of death by a factor of about 2.6 for the next three weeks.

Other tabulated data show that the more that people vaccinate, the higher their incidence of covid and or any other infection becomes. This

is an indication that the covid shots are damaging the person's innate immune system and it is a strong innate immune system that is our best protection from all infections. Africa, the least covid vaccinated continent, has been least impacted by covid.

Excess deaths started showing up after the covid vaccine roll outs

It is hard to falsify "all-cause mortality" death data, because, whatever the cause, deaths are well recorded. "Excess deaths" are defined as a new count of total deaths being higher than what was recorded in a comparable time earlier. The difference in the total death counts is the "excess." Data from the US, Germany and elsewhere in the world points to excess deaths starting to occur in 2021 and the excess deaths are correlated in time with covid vaccination rollout. A German study reported that in the 15 to 44 year old age group, the German states that have higher vaccination rates are also the states that have the highest "excess mortality." OneAmerica, a national life insurance company based in Indianapolis (USA), has reported that people in the age 18 to 64 age bracket are dying at a rate that is 40% higher than was seen before the covid shots. Its CEO said "We are seeing ...the highest death rates we have seen in the history of this business."

Small blood clots in the covid shot-injured patients

In August 2021, a physician in British Columbia, Dr. Charles Hoffe, reported one patient who had died following the covid shot and six others who were suffering from tiny blood clots from them. Blood platelets encountering the covid shot spike proteins form clots that tend to block blood vessels, he explains. In December 2021, a scientist, Janci Lindsay, pointed out that CDC data showing that more than 300 children between the ages of 12 and 18 had died from myocarditis (inflam-

mation of heart muscle). Despite that shocking CDC data, the covid shot has been authorized by FDA for children as young as five and, more recently, for babies as young as six months.

Embalmers report large, ropery clots in the dead bodies

In February, 2022, several embalmers went public to report that they had been finding "strange clots" in the bodies of the deceased since the roll out of the covid shots. Most of the clots are comprised of a white fibrous material, said embalmer Richard Hirschman. "It isn't normal ...you can break it, but its stretchy." The clots are unusual because they are found in the arteries as well as the veins. Hirschman says that more than half of the bodies he embalms now are affected by the strange clots.

Solutions for blood clots in the already jabbed

Various natural health writers agree that it is a good idea for people who have taken the covid shots to be pro-active in reducing their risk for blood clots by taking anti-clot preventative measures such as 500 milligrams of NAC per day and fibrinolytic enzymes such as lumbrokinase, which is derived from earthworms. In 2019, Sarah Gehrke, RN, co-authored a 12 page article about blood clots signs, symptoms and prevention. She urges that patients seek medical attention if they appear to have symptoms of blood clots, as the clots can lead to life-threatening medical conditions.

Spike protein transmitted from the vaxxed to the unvaxxed can cause dramatic distress for the unvaxxed

Some women have reported abnormal and heavy menstrual bleeding from the transmitted spike proteins. People who have gotten covid shots sometimes shed their spike proteins to others nearby, even harming

A chronicle of covid

continued from page 15

children and family around them who did not get the shots. Nursing mothers who have gotten the covid shots can pass the spike proteins on to their nursing babies and the harm to the babies has been severe in some cases. We have seen a case report of spike transmission causing severe headaches, twitching leg muscles, and painful heart and lungs all in one woman. Dr. Sherri Tenpenny and other frontline doctors have collected many case reports about the symptoms caused by shedding from those who have gotten the covid shots to others



Dr. Sherri Tenpenny

For those seeking to address such problems, see our autophagy article, earlier in this issue, on how to get rid of the spike proteins using the protocols of frontline doctors Marik, Syed and others. The web site <https://covid19criticalcare.com> is an excellent source of truthful information and is updated several times a week. ■

Dr. Carrie Madej survives small plane crash

By Leo Cashman

It's a miracle we're still alive," doctor-researcher Carrie Madej said after surviving a small plane crash.

Carrie Madej, a prominent front-line doctor and covid shot scientific investigator survived a small plane crash on June 27th returning from an event in St Petersburg, Florida. "We were gliding fine," she said "and then the rpm drops to zero in seconds and we drop like a rock." Her tibia and fibula were broken, and she suffered spinal injuries.

Dr Madej said that it took paramedics 30 minutes to reach them, as they crash landed in trees. Her pilot was able to direct the plane to crash along a loggers trail, which probably saved their lives. The pilot, her boyfriend Billy, "has 20 years experience as a pilot and suffered skull fractures, facial fractures, T10 fracture and he had LOC [some loss of consciousness]" she said. But both are expected to survive.

Early in the mass administration of covid shots, Dr Madej, an internist, became concerned about the high rate of vaccine injury, saying that the hospitals "all have COVID-19 vaccine injury wings," with entire floor for covid shot injured patients. People who had not been vaccinated but had been close to those had felt like they were getting flu-like symptoms and women complained of having "the worst menstrual cycles of their lives." Even her unvaccinated medical colleagues, working in the clinics, reported getting abnormal rashes and bleeding. She spoke out about how women getting the covid shots in the first trimester of pregnancy had a 400 times greater chance of miscarriage. Pfizer and Moderna both knew that getting pregnant



Dr Carrie Madej

during the first 28 days after a covid shot in that the spike protein would affect the unborn baby, but no warnings were given to the public about this.

Later in 2021, Carrie Madej began to study the contents of covid shot vials obtained from Johnson and Johnson, Moderna and then Pfizer. Under a microscope, she found and photographed what appeared to be self assembling electrically conducting materials and also what clearly appeared to be parasitic organisms resembling Hydra vulgaris, a fresh water parasite. Revealing her findings in several interviews, she made two observations. One, the hydra vulgaris "is immortal, produces its own stem cells, and never stops." Secondly, "the organism has a neural network and they can form a mesh network." This led her to speculate that the neural network of these organisms, inside of the covid injected person, might be responsive to externally applied electromagnetic radiation, as from 5G small cell antennas, in order to influence or control the thinking or behavior of that person. The principle of informed consent requires that pa-

Dr. Carrie Madej survives small plane crash continued from previous page

tients be advised about what is in a medical drug or device and what the consequences and risks may be. The marketing of these vaccines, with their strange and toxic ingredients violates all standards of informed consent and suggests that a much darker agenda might be playing out in the plans of those guiding the pandemic.

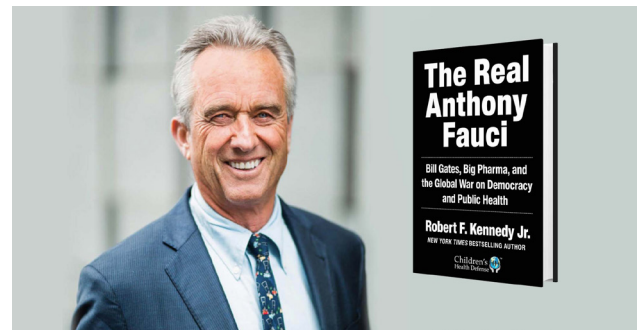
Just days before the plane crash, Dr. Carrie Madej canceled a series of public speaking events, stating that the state medical board was coming at her full force. Was the plane crash a random unfortunate event or was she the target of darker forces that wanted her gone?



Who is the real Anthony Fauci?



From left: Bill Gates, Dr. Francis Collins, head of NIH, and Dr. Anthony Fauci As portrayed in the mainstream Gates is the greatest philanthropist of our time and Fauci is the foremost expert on covid and on infectious disease. But many critics who see a darker, hidden agenda, one that serves big pharma and one that seeks a tighter, more authoritarian grip on our thinking and behavior. Research into their past, raises the question: should we trust our lives and our health with them?



Robert F Kennedy, Jr, has assembled the back story on Fauci, Gates, the NIH, the FDA, the CDC and even the complicit media in a remarkable 450 page book. It portrays numerous examples of scientific fraud, cronyism, self enrichment, and callous medical experimentation on vulnerable children in New York City and on women and children as guinea pigs in Africa. If you can't read the book, read our review in the next few pages.

The Real Truth about Anthony Fauci, a book by Robert F Kennedy, Jr,

reviewed by Leo Cashman

This book by Robert F Kennedy Jr, provides evidence that Anthony Fauci was a kingpin in a web of scientific fraud driven by money and corruption. It covers the harsh countermeasures used in 2020, the covid shots of 2021-22, and the far-reaching impacts.

Chapter 1 introduces us to Fauci and how he came to be the dominant figure in the government infectious disease agency, NIAID, the National Institutes of Health. Given the importance of infectious disease to the vaccine industry, Fauci and his NIAID became, over time, a power and money player who positioned himself to benefit his agency and his collaborators at the big drug companies. The collateral damage to those who took those vaccines or the drugs has been great with many that were injured and many that died.

In 2020, Fauci and his accomplices suppressed the use of Hydroxychloroquine (HCQ) as a treatment for covid through an elaborate use of fraudulent clinical trials. To make it fail in the trials, HCQ was administered at doses that were far too high, and the doses were given far too late in the progression of the disease. The result was always that HCQ was seen as being dangerous and ineffective. Following the publication of the fraudulent science about these studies, HCQ was condemned by Fauci and the CDC as useless and harmful. This was a setback for public health because, for decades, regulators around the globe had recognized HCQ as an essential medicine for prevention of malaria and as an anti-parasitic. Frontline doctors in America had used it with great success in treating covid, resulting in practically no deaths at all when early treatment

was given. It is because its widespread use in Africa that Africa, though largely unvaccinated for covid, emerged largely unscathed.

In 2021, ivermectin (IVM) emerged as another effective drug treatment for covid. It was inexpensive and widely used in Africa and other less developed regions against worms and parasite infections but also viral infections. Dozens of clinical studies showed the almost miraculous benefits of this drug against covid for both prevention and treatment. In March 2021 Peter McCullough and other frontline physicians published a study that found that it produced an 87.6% reduction in hospitalization and a 75% reduction in death. But Fauci and his NIH never recommended ivermectin and, instead, followed recommendations by a secret NIH panel that declared it was “neutral” on the use of ivermectin. This was despite the fact that Indonesia, India and Japan had begun to use IVM in 2021 with great benefit. The Gates Foundation funded a massive study that was designed by Ed Mills, a scientist with heavy conflicts of interest. Dr Andrew Hill, deeply pressured by Gates money, reached negative conclusions and, as a result, IVM was not approved for the treatment of covid. Merck, despite being the original maker of IVM, took steps to kill off its use and big media then followed the NIH, FDA and CDC’s lead in describing it merely as a “horse de-wormer,” one that should never be used against human covid. The attack by big pharma against ivermectin was part of the scheme to make sure all simple, effective treatments for covid would be blocked.

Remdesivir, a truly dangerous, harmful drug that costs a thou-

sand times more than HCQ or IVM was touted as a solution. Used for treating covid, it was a disaster, often leading to death. Tony Fauci orchestrated the approval of Remdesivir for covid. The safety studies by its manufacturer, Gilead, were one more instance of Fauci – pharma fraud. Fauci’s press announcement that the Remdesivir was successful in the clinical trials was dishonest.

Pfizer’s covid shot Pfizer’s rushed six month clinical trial was marked by fraudulent design, the elimination of vaccine-injured people from the clinical trial data, and gross exaggeration of effectiveness. Pfizer touted the “relative risk” reduction from the shots, a misleading number, but failed to mention the “absolute risk” reduction, which was tiny and negligible. Pfizer’s actual covid trial data showed that there were 42.8% *more deaths* in the vaccinated group than in the placebo group. FDA was complicit and corruptly approved the Pfizer covid shots.

Covid shot harm seen globally

Country by country analysis of the data shows that covid vaccine campaigns led to a surge in covid cases and covid deaths. In Gibraltar, the number of covid cases increased fivefold and the covid deaths increased nineteen-fold. In August 2021, the vaccinated people in the UK experienced a higher infection rate than the unvaccinated.

None of this stopped the US FDA from approving the covid shots for younger and younger age groups that were, to begin with, without any risk of covid. In the 12 to 15 year-old age group, the ones who became vaccinated had 19-fold more cases of myocarditis (inflammation of the heart) cases than normal. America’s health agencies

supposedly have a Vaccine Adverse Event Reportings system (VAERS), but the reporting through VAERS is seriously defective for several reasons: 1) the use of VAERS is discouraged in most hospitals and clinics to the point that it is often ignored, and 2) the VAERS reporting software, when used, almost always crashes before the VAERS report is completed often causing to reporting person to give up and quit trying to file the report.

Chapter 2 Fauci's money and power dominates NIAID

This chapter of the book looks in much detail at Fauci's branch of the NIH, where Fauci defends his cozy relationship with big pharma as a "public-private partnership." Fauci uses the \$6 billion annual budget that he controls to achieve dominance over CDC, FDA, HHS, the Pentagon, and even the World Health Organization (WHO). He collaborates not only with the Bill and Melinda Gates Foundation but also with the Wellcome Trust, a spinoff of the Burroughs-Wellcome, a British drug company, that has now morphed into the drug giant Glaxo-Smith-Kline. Fauci favors and rewards his big pharma allies while shutting off funding for those researchers who don't align with his schemes.

Chapter 3 The HIV-AIDS story: Covid is not Fauci's first caper

Chapter 3 recounts the saga of HIV and AIDS, concluding that Fauci handled the HIV and AIDS crisis in a fraudulent and corrupt manner. He harmed those with AIDS by promoting the use of a toxic, dangerous drug, AZT, thus allowing the drug's manufacturer to reap great fortunes. Fauci created the AIDS debacle out of a myth, namely that AIDS and the AIDS epidemic were entirely due to the HIV virus. The HIV virus was portrayed as being a great threat not only to the homosexual population, where AIDS was appearing, but also

to the general public, including the heterosexual majority. That fraud was built on another fraud, namely the use antibody testing to identify those people who were HIV positive because they had anti-bodies to the HIV virus. That line of reasoning was faulty because having antibodies to a virus normally means that the patient has fought off the virus and has some immunity to it. Under Fauci's dictates, the government's response to the AIDS scare was to have massive testing for the presence of anti-bodies to the HIV virus or for the HIV virus itself, sometimes using the same inconclusive and often misleading PCR test for the virus's DNA that is being used for covid today. The truth has always been that presence of the HIV virus, by itself, does not, indicate that the patient has AIDS or any other illness. The HIV testing fraud led to those who had tested "positive" to be treated by the toxic drug, AZT. The suffering and deaths caused by AZT were then falsely attributed to AIDS.

Chapter 4 continues telling the HIV-AIDS-AZT debacle

Large numbers of people tested positive for the HIV virus and many of them were scared and panicked into taking the drug AZT, which would then make them sick (and have symptoms of AIDS) then AZT would kill many of them. It was all made possible by corruption at the FDA, corruption at the CDC, and the drug maker, Burroughs Wellcome. This became a scam upon the public that Fauci and his collaborators would largely follow decades later in their covid caper. AZT has been deadly to hundreds of thousands of victims.

Chapters 5 and 6 continue on the HIV-AIDS-AZT

Fauci attacked and defunded the scientists and researchers who dared to criticize his scientific dogma. Among those who fell into disfavor and had their funding cut off

were UC Berkeley professors Peter Duesberg, a virologist, and Kary Mullis. Mullis, who was awarded the Nobel Prize for inventing the PCR technology, notably criticized Fauci's corrupt misuse of the PCR test to diagnose a "case." Kary Mullis died in 2019 just months before the onset of the pandemic.

Chapter 7 From New York to Africa: child torture under the pretense of scientific research.

This chapter goes into another aspect of the HIV-AIDS caper, namely Fauci's secret 2004 experiments on hundreds of HIV-positive foster children in the US. The vulnerable children were found at Incarnation Children's Center in New York City, and at other facilities in New York and in six other states. Mostly black and Hispanic, the children from these centers were turned into lab rats, subjecting them to torture in drug and vaccine studies. As investigative reporter Liam Schiff wrote, "The drugs being given to the children are toxic – they're known to cause genetic mutation, organ failure, bone marrow death, bodily deformations, brain damage, and fatal skin disorders.... If the children refuse the drugs, they're force fed."

The foster children who survived Fauci's experiments reported dire side effects ranging from skin outbreaks and hives, nausea, vomiting, to sharp drops in immune response and fevers." Investigator Vera Sharav, a Nazi holocaust survivor, said that at least 80 children died in Fauci's Manhattan concentration camp and she accused his NIAID of disposing of children's remains in mass graves. Over his decades as the head of NIAID, Fauci has allowed drug companies to experiment on at least 14,000 children, many of them black and Hispanic children living in foster homes.

In Uganda, Africa, where Fauci's

The real truth about Anthony Fauci, by Robert F Kennedy Jr reviewed By Leo CashmanI continued from page 19

AIDS research project tested many people for AIDS and found many of them to have tested positive for HIV, the mothers and their children were then subjected to toxic drugs, causing many of them to die “in large numbers, with gruesome deaths.”

Chapter 8 “White Mischief: Dr Fauci’s African Atrocities”

This chapter tells how, by June of 2003, NIH and NIAID were running 10,906 clinical trials in ninety countries. Vera Sharav says they moved their risky studies offshore “because they can do stuff they would never get away with in the United States.” NIAID put a pretty face on what has happening but in actuality, the children in the African testing were guinea pigs for big pharma drug and their studies were scientifically flawed, cruel and unethical.

Chapter 9 The Bill Gates Connection

Bill Gates, from an extremely wealthy family, had a father who was closely connected to the Rockefeller dynasty. The Rockefeller Foundation, influential in so many aspects of our society, became a model for Bill and Melinda Gates Foundation. Just as the Rockefeller dynasty was deeply involved with big pharma and all of its monopolist and predatory practices, Bill Gates and his foundation made his biggest ventures in big pharma and melded that onto the world of artificial intelligence and mind control. In 2020, Bill Gates resigned from the board of Microsoft to focus on the pandemic, following through on the private meeting that he had had with Tony Fauci years earlier, in which they agreed to join forces in a powerful government-business partnership. It was well before 2020 that the Gates Foundation had already become a major funder of unethical and often deadly drug and

vaccine trials in Africa and elsewhere. The Gates foundation had already become one of the largest funders of the World Health Organization (WHO) controlling it so as to favor only big pharma interests. The WHO’s obsession has been with vaccines and drugs, with no interest in natural health or inexpensive cures.

At the end of the chapter, we learn of the Gate Foundation’s lavish funding of National Public Radio (NPR), Public Television (PBS), New York Times, and nearly every other big media entity, doing much to explain how fanatically the media has followed the messaging laid out for them by Gates, Fauci, the CDC and other captured agencies. National Public Radio (NPR) was at the top of the list of media, receiving almost \$25 million of the \$319 million that the Gates Foundation has given to the media. The Gates Foundation money, on top of the vast advertising revenue influence of big pharma on the media, helps explain why most of the big media has showered the public with an unprecedented amount of propaganda and bias.

Chapter 10 Vaccinations have done much more harm than good

Vaccines have often done more harm than good. Back in the 1970s and 1980s, the DPT shot was causing severe brain injury or death in one out of 300 children. After it was phased out in the US, Bill Gates-funded groups made the DPT vaccines the flagship for their African vaccine program, giving DPT shots vaccine to 156 million African children annually. After thimerosal, a toxic mercury compound, had been phased out or much reduced in the childhood vaccines in the US and Europe, Bill Gates, as a gesture to big pharma, helped them to ship those mercury toxic shots to underdeveloped

countries. A 1999 CDC sponsored study showed that children who took thimerosal containing hepatitis B vaccines in the first 30 days of life had a more than 11-fold increase in autism.

In 2002, Gate’s 2002 tetanus vaccine infertility scam aimed directly at girls of child-bearing age. The tetanus shot turned out to be a sterility vaccine. This tactic was not new: already in the 1990’s, the WHO had used vaccines in many countries to achieve sterilization of females.

Chapters 11 and 12 A cloak and dagger world

Chapter 11 deals with a long series of fraudulent pandemics – 1976 swine flu, 2005 bird flu, 2009 Hong Kong swine flu, 2016 Zika, 2016 Dengue. The contrived pandemics provided practice in psychological operations and were likely rehearsals for covid pandemic of today. Chapter 12 looks into the role of the Central Intelligence Agency (CIA) and the Department of Defense (DOD) which naturally come into the picture because dangerous infections can conceivably be used as bioweapons against millions of people in our nation. But this can give a cover darker agenda that can be hatched in collaboration with big pharma, the NIH, the CDC and the other agencies in planning for a major pandemic. There is evidence that the covid pandemic, as well as earlier pandemics, were planned and orchestrated for profit and power for the global powers. The secret involvement of the CIA and DOD in planning the pandemic or orchestrating the government’s response undoubtedly involved both Bill Gates and his world of high tech and media connections and Tony Fauci and his world of governmental agency and big pharma connections. ■

Obituaries - remembering ones now gone

By Leo Cashman

Hans Jurgen Schwartz, DDS

of Whitchurch – Stouffville in Ontario, Canada, died on December 17, 2021, after a long battle with cancer. He was



80. Dr. Hans Schwartz was a popular and well regarded biological dentist in eastern Canada and was an active member of the IAOMT, attending many of its conferences. He is survived by his wife Sigrid, by their four children, four step children, thirteen grand children and one great grandchild.

Sandra ("Sandy") Marie Haley

of Nicholasville, Kentucky, died on July 7, 2022, at the age of 79. She was the wife of chemistry professor Boyd Haley, who is internationally known as an important mercury researcher and a notable critic of mercury used in dentistry and in vaccines. She grew up in Greensburg, Indiana as Sandy Koenigkramer. Sandy graduated from nursing school in Indianapolis to become a Registered Nurse. She married Boyd Haley in 1965; they lived in the Pacific Northwest until 1985 when they moved to Nicholasville, Kentucky. At the nearby University of Kentucky in Lexington, Boyd Haley became a Professor of Chemistry. Sandy was a breeder of Arabian horses but also worked as a business manager for CTI Science, a company that her husband founded to manufacture and market his mercury chelating detox product. Sandy Haley is survived by her husband, Boyd Haley, their two children, and four grandchildren.

John Moore, a longtime dental mercury activist who lived in Rent-

on, Washington, died on May 16, 2022, from lung failure. We think he was about 85. With an engineering background, John was widely known for sharing insights into how mercury affects people, the many mercury pitfalls, and how to rescue the afflicted. He was a good friend of the late Tom Warren, the author of the book *Beating Alzheimer's*. In that book Warren told of how he overcame an official diagnosis of Alzheimer's disease thanks largely to a safe amalgam mercury removal and mercury detox. Now John Moore has passed, too, and he is remembered as being humorous, friendly and passionate on the mercury issue. He is survived by his wife, Madeleine.

James Turner, an attorney in the Washington DC area, died suddenly at his home on January 25, 2022. He was 81. He was President of Citizens for Health, a health freedom non-profit. In 1970, as part of the consumer protection movement, he one of Ralph Nader's original "Nader's Raiders" and coauthored the book *The Chemical Feast*, which was about the FDA's failure to protect the public from toxins in food. Later he partnered with attorney David Swankin to found the DC law firm Swankin and Turner. He recognized the harm being done by dental mercury and was the lead attorney in a lawsuit filed in March 2014 challenging the FDA's corrupt, unprotective rule on dental amalgam mercury, issued in August of 2009. While DAMS and a number of individuals were listed as plaintiffs, IAOMT, which provided most of the funding for bringing the lawsuit, was listed as the lead plaintiff. The suit called for the FDA to issue warnings about the mercury content in amalgams and for a halt to their use in vulnerable populations

such as children, pregnant women and people with neurological problems. Regrettably, the judge dismissed the lawsuit in July 2016 on the basis of "standing." In 2018 Jim Turner spoke of his sadness that the lawsuit did not prevail; it was our best hope for stopping the use of dental amalgam mercury fillings in America. Turner's passing leaves a sense of business that is unfinished. He is survived by his law partner and life partner, Betsy Lehrfeld, and by his son, Christopher B Turner.

Karen Palmer, a longtime DAMS coordinator in Bethlehem, Pennsylvania, died on May 13, 2022 after a long bout with cancer. She was 66. While

working as a dental assistant, she became severely poisoned by the exposure to dental mercury vapors, forcing her out



of dentistry. Karen joined with other activists to testify about the harmful effects of dental mercury at FDA hearings held in 2006, 2010 and again in 2019. She also was an associate producer of the 2015 documentary film *Evidence of Harm* about the hazards of dental mercury. Karen was well known and liked by her many friends throughout the movement and she leaves us much too soon. She is survived by Michael Palmer, her husband of forty-three years, their son Benjamin and three grandchildren.

DAMS Dental Amalgam Mercury Solutions**1041 Grand Ave, #317 St Paul MN 55105 USA****Telephone 651-644-4572***Prices shown at right include the cost of shipping the item within the USA by media mail.*

- - - Dental and Health Books - - -	<u>unit</u> <u>price</u>
The Holistic Dental Matrix, By Nicholas Meyer, DDS [2018]	22.00 ____
Rescued by My Dentist, By Douglas Cook, DDS [2009]	24.00 ____
Primal Dentistry: Less is More, by Carol Vander Stoep	30.00 ____
Whole Body Dentistry, By Mark Breiner, DDS, [2011]	24.00 ____
Uninformed Consent, the hidden dangers in dental care, By Hal Huggins, DDS, & T. Levy, MD [1999]	19.00 ____
Dentistry Without Mercury, By Sam Ziff and Michael Ziff, DDS [2001]	8.00 ____
Mirror of the Body, your mouth reflects the health of your entire body, By James Rota, DDS	18.00 ____
Mercury Detoxification Simplified, By William Rasmussen, MA [2014]	26.00 ____
Lead Detoxification Naturally, By William Rasmussen, MA [2008]	12.00 ____
Hidden Epidemic, Silent Oral Infections Cause Most Heart Attacks and Cancer, By Thomas Levy, MD	22.00 ____
The Toxic Tooth, How a Root Canal Could be Making You Sick, By Robert Kulacz, DDS, Tom Levy, MD	22.00 ____
Six Foot Tiger, Three Foot Cage, holistic solutions for sleep apnea & deficient jaws, By Felix Liao, DDS	22.00 ____
The Case Against Fluoride, By Paul Connett, PhD and James Beck, MD, PhD [2010]	24.00 ____
The Fluoride Deception, By Christopher Bryson [2004]	20.00 ____
Chronic Fatigue: Poisoned by the Mercury in Your Mouth, A. Jeppsson-McClintock [1997]	8.00 ____
Climate Engineering, Weather Warfare -It impacts our health, threatens our planet, Dane Wigington	2.00 ____

- - - Dental and Health Videos - - -

Evidence of Harm - mercury dental filling hazards and who's covering it up, By Randall Moore	22.00 ____
Smoking Teeth equals Poison Gas, mercury vapor release from amalgams, By David Kennedy, DDS	11.00 ____
Mercury, a Slow Death, a film in DVD or VHS format, by Christy Diamond [\$8.00 in VHS format]	17.00 ____
Fluoridegate, a DVD by David Kennedy, DDS How honest scientists at the EPA battled the cover-up	11.00 ____
Let the Truth Be Known - Set of Two Disks, Part 1 and Part 2 (only sold together now)	30.00 ____
Part 1 has four segments on fluoride, each 28 minutes long, as follows:	
1) China's Crippling Waters, 2) Chris Bryson, author of The Fluoride Deception, is interviewed	
3) Why I Changed my Mind, with Hardy Limeback, DDS 4) William Hirzy, PhD, interviewed	
Part 2 has four segments: 1) Poisoned Horses - they were poisoned, and some died, due to fluoridation	
2) Bad Bugs - on gum disease 3) Smoking Teeth - mercury and 4) The Secret Story of Fluoride]	
Vaxxed- From Cover up to Catastrophe (vaccine injury cover-ups at the CDC)	22.00 ____
Songs of the Locked-Down, a CD of 23 short freedom songs, By Laurel Federbush	14.00 ____
Membership dues, new or renewing, one year, \$25.00 but, for low income, \$15 or \$20 is fine	____
Extra amount for shipping by priority mail or faster, or for orders from Canada or overseas.	____
Grand total. Pay by check, money order or credit card.	____

If paying with credit card, please fill out information form below. We accept Visa, Master Card and American Express. Call 651-644-4572 if you wish to order by telephone.

Here is our form to use for mailing in your order.

Name _____ Telephone _____ Date ____/____/____

Address _____ City _____ State/ _____ Zip _____

Credit card # _____ Expiration, month, year ____/____

Code on the back of card _____ Your signature _____ Thank you!

USA DAMS Coordinators and World Contacts - 2022

DAMS headquarters
1041 Grand Ave, 317
St Paul MN 55105 USA
Phone 651-644-4572
dams@usfamily.net

www.amalgam.org

Bernie Windham
DAMS Research Director
www.myflcv.com

ALASKA
G. Scott Crowther
907-349-2198
crowther@alaska.net

ARKANSAS
Doris Gilbrech
479-372-4959

ARIZONA
Karen Truskowski
928-554-4169

CALIFORNIA
Marta Sonnenblick
415-457-8091
martasonn@gmail.com

Evelyn Wilson
209-742-4261
wilsonovic@hotmail.com

Paul Hewitt
209-522-2554

FLORIDA
Bernie Windham
850-893-2164
berniew1@embarqmail.com

HAWAII
Adrian Chang
808-395-6198

IDAHO
David Weston
509-499-9752

ILLINOIS
Linda Brocato
847-537-4794
LindaBrocato@aol.com
multiple sclerosis issues

KANSAS
Sharon Rose Lallman
785-233-4941

MASSACHUSETTS
Jean Griffin

508-362-2452
Robert Dziuban
413-232-7052
MARYLAND
Gwen Maddox
410-676-5859

MICHIGAN
Karla Raasio
906-370-3643

MINNESOTA
Leo Cashman
651-644-4572

MISSOURI
Joe Roberts
417-862-4837

NEBRASKA
Loretta Roth
308-436-7717

NEW HAMPSHIRE
Rosanne Cronin
603-894-9770
fourpawsc@aol.com

NEW JERSEY
June Wulff
609-653-6160
wulffden@aol.com

Herb Shapiro
973-543-6089

NEW MEXICO
Joan Didak
505-316-2315

NEW YORK
Laurie Murray
607-387-5037

NORTH CAROLINA
David Marsh
828-773-4400
davidmarsh2020@gmail.com

TENNESSEE
Paul Funk
901-425-2586
pjfunk@verizons.net

Marjorie Lensgraf
865-687-0868

TEXAS

Randy Staudt
512-259-2693

Glenda Thames
gkthames@yahoo.com

Belinda Birchfield
214-677-8854

UTAH
Mae Navajo
801-707-1177

VIRGINIA
Marie Flowers
540-890-4233

Linda Cifelli
757-565-1839

WASHINGTON STATE
Laurie Ramos
509-935-4964

WISCONSIN
Tammy Carlson
715-529-2305

AUSTRIA
Mag. Christina Kempl
Selbsthilfegruppe
Der Behinderten
Fur Ganzheitsmedizin
01/8652215

CANADA
Marina Hynes
Stephenville NL
709-643-2604

DENMARK
Foreingen mod Skadeligt
Dental Materiale
Postbox 203
1501 Kobenhavn V
tel: +45-35 39 15 60
www.fmsd.dk
fmsd@fmsd.dk

ENGLAND
Michele Payne
www.mercurymadness.org

Angela Kilmartin
www.angelakilmartin.com
angelakilmartin1@gmail.com

FRANCE
Non Au Mercure Dentaire
www.non-au-mercure-
dentaire.org

GERMANY
BBFU, Reinhard Lauer
Reinhard.Lauer@bbfu.de
www.bbfu.de

+49-6171-917-9014

Zahn und Gesundheit (ZUG)
Gesine Weinert
Finkenweg 10
45549 Sprockhoevel

INDIA
Dev Rana USA Telephone
510-473-7262 (California)
amalgam.org@niwas.net

MEXICO
Lau'Ana Lei
(52) 376 108 3445
LLci194088@gmail.com

MOROCCO
Fouad Dannoun
212 635 743 536
Fouad.Dannoun@gmail.com

NETHERLANDS
St Amalgaam Vrij Nederland
Dacaostakade 158 Entresol
1053 XC Amsterdam
Tel 020 61 89 124
earth@web-light.nl
www.web-light.nl

NORWAY
Forbundet Tenner og Helse
Postboks 114 Nesttun
N-5852 Bergen
post@tenneroghelse.no
Tel 47-994 22 345
www.tenneroghelse.no

Maryanne Rygg
Mrygg@online.no

SPAIN
www.Mercuriados.org
mercuriados@gmail.com

SPANISH SPEAKER in USA
Charlene Ihmoda
541-386-6584 (in the USA)

SWEDEN
Tandvardsskadeforbundet (TF)
Bergsunds Strand 9
117 38 Stockholm
Ph: 46 520 80 600
www.tf.nu
info@TF.nu

Get info

Tell others to call for an information packet and a list of DAMS practitioners in their state. Call 651-644-4572 or dams@usfamily.net

Join or renew

The date to the right of your name, on the mailing label on the back page is the date your membership expires. If you see that your membership has now expired, you can renew by mailing a check for \$25.00, or \$15 - \$20 low income, to DAMS, or by calling 651-644-4572 to pay by credit card.

Receive info and updates by e-mail (free)

You can ask for your e-mail address be added to our e-list for receiving news updates from DAMS. Just send to <dams@usfamily.net> your name and your e-mail address that you want to be added to our e-list. You will begin to receive news and information updates several times a month. There is no charge for being on the DAMS e-list. Let us know if you are in Canada or overseas.

DAMS, INC
1041 Grand Ave, 317
St Paul MN 55105 USA
Phone 651-644-4572

Return service requested

NON-PROFIT ORG
US POSTAGE PAID
TWIN CITIES MN
PERMIT NO. 7374



Frontline doctor Vladimir (Zev) Zelenko has died

Prominent frontline doctor Vladimir (Zev) Zelenko, known for his use of safe and effective treatments for covid, died on June 30, 2022 at the age of 48.

Born in 1973 in Kiev, Ukraine, into a Jewish family that had been decimated by during the Nazi holocaust, his family moved to Brooklyn, New York when he was four. He earned his M.D. degree in year 2000 and had a family practice in Monroe, New York. He was an early adopter of Hydroxychloroquine (HCQ) and he used it along with zinc, azithromycin and other available drugs and supplements. He advocated early treatment so as to avoid the complications of acute covid. He treated about 7,500 covid patients, and almost all of them recovered. A leader among the "front-line" doctors who found value in HCQ, he co-authored one of the earliest treatises on the use of HCQ in the pandemic.

Zev Zelenko spoke out against the fear-mongering of the media and the CDC regarding covid including the attempts to stampede people into extreme masking and into getting the harmful and unneeded covid shots. A defender of free-

dom, he also opposed covid shot mandates, pointing out the serious side effects of the shots and their alteration the genetic code that we are born with. New York Governor Andrew Cuomo even tried to ban the use of HCQ there and Dr. Zelenko was attacked by the media. His tweets were even banned by Twitter. When wicked Wikipedia described him as "conspiracy theorist" Zelenko set the record straight, saying "its not a conspiracy theory, its a conspiracy."

An interview article that he did with Dr. Joseph Mercola in 2022 was entitled *They Plan to Tag Us for the New World Order Slave System*. Like Gandhi did long ago, he called for organized civil disobedience in the face of the mandates, saying "do not comply."

In 2018, Zev Zelenko was diagnosed with a rare form "heart cancer" and was said to be terminal. A devout Jew, Zev felt

that God had given him a special mission on earth, and that was to guide his thousands of patients through covid and to be a leader for freedom and against the tyranny. He did those things in the years he had left.

Dr. Zev Zelenko is survived by his wife, Rinat, their two children, and by six children from his first marriage.

Those of us who remain behind can take inspiration from his good life and his courage. ■

